

Gesundheitsdrehscheibe Graz

City of Graz Community Health Centre

- 📞 Call us at **+43 316 872-3999** to schedule an appointment, **Monday-Friday 8.00-16.00**
- 🏠 Drop by our office in **Annenstraße 28** without appointment, **Monday-Friday 8.00-12.00**
- ✉ Send us a message at gesundheitsdrehscheibe@stadt.graz.at
- ⇒ All services are **free of charge** and **anonymous** on request

Good To Know

‘Gesundheitsdrehscheibe’ is a new community health centre **open to all** the citizens of Graz. We provide **advice** and **support** for anyone with challenging (chronic) **health issues** and individual health questions.

All services are

- **free** of charge
- **anonymous** on request
- **interpreted** into more than 50 languages
- wheelchair **accessible**
- available **without health insurance** and **without residence permit**

Our team consists of four community nurses, two social workers, a psychotherapist, a physiotherapist and two EU project managers. Together, we want to solve individual health issues in an easily accessible way, close to home and in cooperation with other organisations.

How It Works

Drop-in Service (Mon-Fri 8.00-12.00)

During our drop-in times, no appointment is required. Our community nurses provide advice and acute care and assess your health from a bio-psycho-social perspective. If needed, we offer further individual case management or refer to other health care and social welfare organisations.

Individual Case Management (Mon-Fri 8.00-18.00)

For particularly complex or challenging chronic health issues, we offer support for a longer period of time, usually up to 6 months. This includes help with claiming benefits, counselling, psychotherapy and physiotherapy. To offer the best possible service, we prefer to work together with your family doctor. General practitioners with a contract with the Austrian Health Insurance Institution (ÖGK) can refer patients for individual case management and specific services.

Health Promotion (Mon-Fri 8.00-18.00)

We do not only care about health problems, but also about promoting well-being! If you seek to change certain habits related to eating, physical activity, addiction or stress, we accompany you along the way. If desired, we refer to local culture, sports and leisure

activities and support groups. By 2024, Gesundheitsdrehscheibe will offer some group activities of its own – be sure to check back.

Community Nursing Lend (Mon-Fri 8.00-18.00)

Community nursing is a new service in Lend district for senior citizens and those with chronic diseases. We do not only offer drop-in sessions, individual cases management and health promotion, but also preventive home visits. More services are available in cooperation with local institutions such as Marienambulanz, Gesellschaft zur Förderung Seelischer Gesundheit (in Eggenberg), Verein Wegweiser and Senior:innenbüro der Stadt Graz. General practitioners with a contract with the Austrian Health Insurance Institution (ÖGK) can refer patients for care provision. Two community-nurse led projects, including a vaccination information campaign for migrants and dementia tests in public places, are currently ongoing.

Health for All

Gesundheitsdrehscheibe and its development are part of the EU-Interreg-Project Health for All (2023-2026). The local health department of Graz and its project partners, the WHO-Collaboration Centre in Murska Sobota (SLO), a large primary care centre (SLO), Verein Omega (Graz) and Carinthia University of Applied Sciences (FH Kärnten) work on innovative methods to facilitate equal access to health promotion and prevention for all.

What To Bring

Please bring your medical documents to the first consultation.

Contact

Gesundheitsdrehscheibe Graz
Annenstraße 28, 8020 Graz
Tel: +43 316 872-3999
E-Mail: gesundheitsdrehscheibe@stadt.graz.at

You can reach us Monday-Friday from 8.00 to 16.00 at +43 316 872-3999 to schedule an appointment. All offers and services are free of charge and anonymous on request.

More information can be found on our [website](#).

Costs

None